

Listening to the Great Round: music resources for each stage by Maria Radoje  
[www.musictherapyreimagined.com](http://www.musictherapyreimagined.com) email: [maria@musictherapyreimagined.com](mailto:maria@musictherapyreimagined.com)

QUADRANTS a GIM Programme which takes the listener through each stage of the Great Round:  
<https://open.spotify.com/playlist/6qD4m07SNeW4F8acPmEh66?si=AfsW7IUjRFu6ETTffNxRhA>

<b>QUADRANT ONE:</b>	Feminine /Unconscious
<b>STAGE 1:</b>	<p>Jane Winther: <a href="https://www.youtube.com/watch?v=3YwUtXzAL_E">https://www.youtube.com/watch?v=3YwUtXzAL_E</a></p> <p>Solar: Music De Los Elementos Bovedas:  <a href="https://open.spotify.com/playlist/0s6mJ7BNFjRMBBRI7Y5NTa?si=61LvjZcoRDuVYdplAoEgng">https://open.spotify.com/playlist/0s6mJ7BNFjRMBBRI7Y5NTa?si=61LvjZcoRDuVYdplAoEgng</a></p> <p>Gong Bath: Tibetan Wisdom:  <a href="https://open.spotify.com/track/0ZE5vsH1fCJuJSDe7h1XpF?si=aP2Q9uANQii5al68MIpugg">https://open.spotify.com/track/0ZE5vsH1fCJuJSDe7h1XpF?si=aP2Q9uANQii5al68MIpugg</a></p>
<b>Stage 2:</b>	<p>Part Uusberg: Othu Illu: <a href="https://www.youtube.com/watch?v=QOQK0inm9KQ">https://www.youtube.com/watch?v=QOQK0inm9KQ</a></p> <p>Deva Premal: <a href="https://www.youtube.com/watch?v=60FH24ucmsg">https://www.youtube.com/watch?v=60FH24ucmsg</a></p> <p>Simon Reece, God is All: <a href="https://soundcloud.com/moonlake/gregorian-chant">https://soundcloud.com/moonlake/gregorian-chant</a></p>
<b>STAGE 3:</b>	<p>Shigeru Umebayashi, In the Mood for Love: <a href="https://www.youtube.com/watch?v=gw9fKuymA0">https://www.youtube.com/watch?v=gw9fKuymA0</a></p> <p>Rebecca Clarke Morpheus: <a href="https://open.spotify.com/track/6BSOV42AJ524Q2rbFYE7ce?si=wnR7d05fSCKz1IVq_WUDdw">https://open.spotify.com/track/6BSOV42AJ524Q2rbFYE7ce?si=wnR7d05fSCKz1IVq_WUDdw</a></p> <p>Hurdy Gurdy: <a href="https://www.youtube.com/watch?v=7RThiD7kM6A">https://www.youtube.com/watch?v=7RThiD7kM6A</a>  <a href="https://www.youtube.com/watch?v=wwyznoWJDHI">https://www.youtube.com/watch?v=wwyznoWJDHI</a></p> <p>Duduk: <a href="https://www.youtube.com/watch?v=y5tcbD5in7k">https://www.youtube.com/watch?v=y5tcbD5in7k</a></p>

**Listening to the Great Round: music resources for each stage by Maria Radoje**  
[www.musictherapyreimagined.com](http://www.musictherapyreimagined.com) email: [maria@musictherapyreimagined.com](mailto:maria@musictherapyreimagined.com)

<b>QUADRANT TWO:</b>	Feminine/Conscious
<b>STAGE 4:</b>	<p>Stanley Myers Cavatina: <a href="https://open.spotify.com/track/3lvf7gyRe76ob9VW45ilJj?si=5yXc_qFoSOuQATTFktAuhQ">https://open.spotify.com/track/3lvf7gyRe76ob9VW45ilJj?si=5yXc_qFoSOuQATTFktAuhQ</a></p> <p>Ravel Cinq Melodies Populaire Greques 2 (Cello version)  <a href="https://open.spotify.com/track/6kguhBG92gKtQol8oCUA4j?si=7_pA7N4sT0yOOAZZSr1nIQ">https://open.spotify.com/track/6kguhBG92gKtQol8oCUA4j?si=7_pA7N4sT0yOOAZZSr1nIQ</a></p> <p>Chuck Mangione: Lullaby: <a href="https://www.youtube.com/watch?v=VaFz7InxUi0">https://www.youtube.com/watch?v=VaFz7InxUi0</a></p>
<b>STAGE 5:</b>	<p>Elena Kats Chernin: Blue Rose  <a href="https://open.spotify.com/track/4OToDDdi5fl96i5tMwtYKK?si=TH4wpp_ORFS3hsU0Xeijlg">https://open.spotify.com/track/4OToDDdi5fl96i5tMwtYKK?si=TH4wpp_ORFS3hsU0Xeijlg</a></p> <p>Astor Piazzola Libertango, Die 12, <a href="https://open.spotify.com/artist/3YZqGxNBOIhhAETu2LrNB7?si=ZI4IWghYQFaQ8CgOecy7gg">https://open.spotify.com/artist/3YZqGxNBOIhhAETu2LrNB7?si=ZI4IWghYQFaQ8CgOecy7gg</a></p> <p>Anna Meredith: Bubble Gun:  <a href="https://www.youtube.com/watch?v=TdpXRXx5-0U&amp;list=OLAK5uy_nEb6dI4bcCYBddC8IXs4bm47p-kU2x1Tk&amp;index=6">https://www.youtube.com/watch?v=TdpXRXx5-0U&amp;list=OLAK5uy_nEb6dI4bcCYBddC8IXs4bm47p-kU2x1Tk&amp;index=6</a></p>
<b>Stage 6:</b>	<p>Caravan by Duke Ellington played by the 12 cellists of the Berlin Philharmonic <a href="https://www.youtube.com/watch?v=llwEQnXaDhc">https://www.youtube.com/watch?v=llwEQnXaDhc</a></p> <p>Shostakovich Symphony Number 5 Movements 1 &amp; 4:  <a href="https://open.spotify.com/artist/2LmyJyCF5V1eQyvHgJNbTn?si=5e-TOs6sQyKH1gtNtHQ8jA">https://open.spotify.com/artist/2LmyJyCF5V1eQyvHgJNbTn?si=5e-TOs6sQyKH1gtNtHQ8jA</a></p> <p>Nico Muhly: Drones &amp; Viola: Part I Material in D: <a href="https://www.youtube.com/watch?v=viy1U1sOrzw">https://www.youtube.com/watch?v=viy1U1sOrzw</a></p> <p>Ryuchi Sakamoto, Riot in Lagos:  <a href="https://open.spotify.com/track/4zgLmg0MucCgb74OETaa06?si=6-l4EAZMSA6-QT1-kcK5fw">https://open.spotify.com/track/4zgLmg0MucCgb74OETaa06?si=6-l4EAZMSA6-QT1-kcK5fw</a></p>

**Listening to the Great Round: music resources for each stage by Maria Radoje**  
[www.musictherapyreimagined.com](http://www.musictherapyreimagined.com) email: [maria@musictherapyreimagined.com](mailto:maria@musictherapyreimagined.com)

<b>QUADRANT THREE:</b>	Masculine/Conscious
<b>STAGE 7:</b>	<p>Richard Harvey, Concerto Antico for Guitar: <a href="https://open.spotify.com/track/15g0nj7RnWFeKITuRvRQtm?si=9440f4272b3a4fcb">https://open.spotify.com/track/15g0nj7RnWFeKITuRvRQtm?si=9440f4272b3a4fcb</a></p> <p>Mozart Violin Concerto NO 5. Rondeau: <a href="https://www.youtube.com/watch?v=a57Apa4TCfU">https://www.youtube.com/watch?v=a57Apa4TCfU</a></p> <p>Tito Robbie &amp; Faiz Ali Faiz, Ya Ali: <a href="https://open.spotify.com/track/0WYKWl9pEBAjvh6pqEJRJ7?si=GFxMwtT2TBu0zzoWQKopDg">https://open.spotify.com/track/0WYKWl9pEBAjvh6pqEJRJ7?si=GFxMwtT2TBu0zzoWQKopDg</a></p> <p>Brahms: Hungarian Dance No 6 (Joshua Bell) <a href="https://www.youtube.com/watch?v=-cr39My8GgA">https://www.youtube.com/watch?v=-cr39My8GgA</a></p>
<b>STAGE 8:</b>	<p>Bach: Brandenburg Concerto No.3  <a href="https://open.spotify.com/track/4tXktBBRKGTEbkYjvzFA3i?si=i7qmFMSmSVO9YcfQx-FQxA">https://open.spotify.com/track/4tXktBBRKGTEbkYjvzFA3i?si=i7qmFMSmSVO9YcfQx-FQxA</a></p> <p>Beethoven Ode to Joy: (9<sup>th</sup> Symphony):  <a href="https://open.spotify.com/track/5G2RyS5wHOHh8JlG13AnJ?si=5VBdc_HOSyCi1uh_d2W5wQ">https://open.spotify.com/track/5G2RyS5wHOHh8JlG13AnJ?si=5VBdc_HOSyCi1uh_d2W5wQ</a></p> <p>The Kamkars, Khosha Hawraman  <a href="https://www.youtube.com/watch?v=t6lNzQCvqC8&amp;list=RDEMaue-ZRpMkGtEObxrnRznxA&amp;index=2">https://www.youtube.com/watch?v=t6lNzQCvqC8&amp;list=RDEMaue-ZRpMkGtEObxrnRznxA&amp;index=2</a></p>
<b>Stage 9:</b>	<p>Orff, In Trutina violin, Joshua Bell <a href="https://open.spotify.com/track/15g0nj7RnWFeKITuRvRQtm?si=9440f4272b3a4fcb">https://open.spotify.com/track/15g0nj7RnWFeKITuRvRQtm?si=9440f4272b3a4fcb</a></p> <p>Piazzola: Milonga del Angel: <a href="https://www.youtube.com/watch?v=V_X-1AQcp_8">https://www.youtube.com/watch?v=V_X-1AQcp_8</a></p> <p>Caccini: Ave Maria (cello version):  <a href="https://open.spotify.com/artist/0MvSBMGRQJY3mRwIbJsqF1?si=469ML-YpSUyCusjnFTV18g">https://open.spotify.com/artist/0MvSBMGRQJY3mRwIbJsqF1?si=469ML-YpSUyCusjnFTV18g</a></p> <p>Elgar: Nimrod: <a href="https://open.spotify.com/track/5t9UkwkrumEmOpnz3SRdbm?si=1ZBPM8ujRwGQPPKWWvK9iw">https://open.spotify.com/track/5t9UkwkrumEmOpnz3SRdbm?si=1ZBPM8ujRwGQPPKWWvK9iw</a></p> <p>Luke Howard: Dappled Light: <a href="https://www.youtube.com/watch?v=oUElwOOuBhk">https://www.youtube.com/watch?v=oUElwOOuBhk</a></p>

**Listening to the Great Round: music resources for each stage by Maria Radoje**  
[www.musictherapyreimagined.com](http://www.musictherapyreimagined.com) email: [maria@musictherapyreimagined.com](mailto:maria@musictherapyreimagined.com)

<b>QUADRANT FOUR:</b>	Masculine/Unconscious
<b>STAGE 10:</b>	<p><b>Dobrinka Tabakova: Longing from Concerto for Cello and String orchestra:</b>  <a href="https://open.spotify.com/artist/0vFb3LsJFAOgLo3s8XI4B2?si=L-nl4GqBTt241eQdzyu9hQ">https://open.spotify.com/artist/0vFb3LsJFAOgLo3s8XI4B2?si=L-nl4GqBTt241eQdzyu9hQ</a></p> <p><b>Marjan Mozetic: Postcards from the Sky:</b> <a href="https://open.spotify.com/artist/3igzfkIhKlJyD9la8vhf?si=45TuptSSRHKGhP1FWjwg-g">https://open.spotify.com/artist/3igzfkIhKlJyD9la8vhf?si=45TuptSSRHKGhP1FWjwg-g</a></p> <p><b>Schoenberg Verklate Nacht:</b> <a href="https://www.youtube.com/watch?v=U-pVz2LTakM">https://www.youtube.com/watch?v=U-pVz2LTakM</a></p>
<b>STAGE 11:</b>	<p><b>Dobrinka Tabakova: Radiant from Concerto for Cello and String orchestra:</b>  <a href="https://open.spotify.com/track/2z3NqhnMY4k4nnzSecNNrE?si=93def294c04a415e">https://open.spotify.com/track/2z3NqhnMY4k4nnzSecNNrE?si=93def294c04a415e</a></p> <p><b>Stravinsky: The Rite of Spring:</b> <a href="https://open.spotify.com/artist/6wuudWq7XpVutoFp4bsVDo?si=xWcyvHuISgyg7Q6GE1gJEQ">https://open.spotify.com/artist/6wuudWq7XpVutoFp4bsVDo?si=xWcyvHuISgyg7Q6GE1gJEQ</a></p> <p><b>Harrison Birtwistle, Panic:</b> <a href="https://open.spotify.com/artist/55yNRgOKReYCObf0JTEKQ?si=PjhpjvpHQqGXXv4x0lg5pA">https://open.spotify.com/artist/55yNRgOKReYCObf0JTEKQ?si=PjhpjvpHQqGXXv4x0lg5pA</a></p> <p><b>Elena Kats Chernin: Fast Village:</b>  <a href="https://open.spotify.com/track/2m9M3tB7sRLN7njjBRBkJP?si=1hcmkFZVS1OEDHazGqU1ug">https://open.spotify.com/track/2m9M3tB7sRLN7njjBRBkJP?si=1hcmkFZVS1OEDHazGqU1ug</a></p>
<b>Stage 12:</b>	<p><b>Teil IV by Kjartan Sveinsson</b> <a href="https://www.youtube.com/watch?v=fu3cP3Xx1hg">https://www.youtube.com/watch?v=fu3cP3Xx1hg</a></p> <p><b>R. Strauss: Death and Transfiguration (moderato approx. 17 minutes into recording)</b>  <a href="https://www.youtube.com/watch?v=vXARAbFmp7c">https://www.youtube.com/watch?v=vXARAbFmp7c</a></p> <p><b>Wagner Lohengrin Prelude:</b> <a href="https://www.youtube.com/watch?v=zyodILZEFg">https://www.youtube.com/watch?v=zyodILZEFg</a></p> <p><b>Bizet Adagietto from L'Arlesienne Suite No 1:</b> <a href="https://www.youtube.com/watch?v=vXARAbFmp7c">https://www.youtube.com/watch?v=vXARAbFmp7c</a></p>

Listening to the Great Round: music resources for each stage by Maria Radoje  
[www.musictherapyreimagined.com](http://www.musictherapyreimagined.com) email: [maria@musictherapyreimagined.com](mailto:maria@musictherapyreimagined.com)

STAGE 0:

SILENCE and:

Monochord: <https://www.youtube.com/watch?v=c1aCNMIZ5IM>

Tanpura: <https://www.youtube.com/watch?v=r9nVtgyZoyw>

Music of the Spheres: <https://www.youtube.com/watch?v=bN3lhHTf774&t=1959s#>

Digeridoo: <https://www.youtube.com/watch?v=2fKovXMshOQ>

Undertoning <https://www.youtube.com/watch?v=cRMIQ2OtZIY>